

New Patient Instructions

In order to provide you the best possible and the most effective treatment, please give your assistance by taking note to the following instructions:

Prior to Treatment

- Allow 1 ½ hours for the office visit. Following visits are normally 1 hour, depending upon the condition being treated.**
- Wear loose clothing and/or be prepaid to change into a gown.**
- Wear a minimum of jewelry. You will be asked to remove your watch, any bracelets, and magnets. You may be asked to remove necklaces or any item that will interfere with your evaluation and/or treatment.**
- Have a light meal within 2 hours prior to treatment. Please do not brush or scrape your tongue while brushing your teeth prior to visit.**
- Ladies, please have clear or no polish on nails. This is to aid in your evaluation.**
- For the courtesy of those patients sensitive to scents, please refrain from wearing cologne or perfume into the office.**
- Bring a list or a bag of all current medications or those that you have taken within the last 2 months, including vitamins and over-the-counter supplements.**

After Treatment

- Be prepared to rest for 3-4 hours after the treatment, before beginning any exertive physical activity.**
- Take only a warm bath or shower the evening of a treatment.**

CALL (941)926-3226 if you have any questions regarding the treatment or instructions.

Thank you for your cooperation!

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